

Age Group Sprint

34th Annual Nelson Cyswog 'N' Fun
Nelson, BC
July 31, 2016

Sprint Distance Age Group Results:

Women 16-17 Category

Place	Total	Number	Div	Competitor Name	City	Swim	Bike	Run
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Women 18-19 Category

Place	Total	Number	Div	Competitor Name	City	Swim	Bike	Run
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Women 20-24 Category

Place	Total	Number	Div	Competitor Name	City	Swim	Bike	Run
1	1:26:39	137	women 20-24	Alanna MACDONALD	Prince Georg	17:09	46:24	23:07
2	1:50:07	121	women 20-24	Morag RUNNETT	Didsbury	16:33	54:26	39:09

Women 25-29 Category

Place	Total	Number	Div	Competitor Name	City	Swim	Bike	Run
1	1:27:32	129	Women 25-29	Laura DAVIS	Calgary	16:23	46:13	24:57
2	1:38:39	118	Women 25-29	Kristen SPEARMAN	Nelson	16:21	52:33	29:46
3	1:40:08	151	Women 25-29	Erendira SILVA	Vancouver	19:23	53:04	27:42
4	1:42:42	150	Women 25-29	Erika CSUPAK	Saskatoon	17:00	57:50	27:54
5	1:50:14	104	Women 25-29	Meagan ZUNTI-READ	Castlegar	15:45	1:01:22	33:07
6	1:50:39	174	women 25-29	Natalie PORTLOCK	Canmore	23:22	56:20	30:58

Women 30-34 Category

Place	Total	Number	Div	Competitor Name	City	Swim	Bike	Run
1	1:23:07	132	Women 30-34	Lisa BARNES	Cranbrook	12:25	43:42	27:02
2	1:25:51	145	Women 30-34	Lauren KOCH	Salmon Arm	11:07	45:31	29:13
3	1:29:39	105	Women 30-34	Rheannon BROOKS	Kitimat	14:20	49:25	25:55
4	1:50:51	165	Women 30-34	Heather SUTTIE	Calgary	15:26	1:01:21	34:05

Women 35-39 Category

Place	Total	Number	Div	Competitor Name	City	Swim	Bike	Run
1	1:32:53	160	Women 35-39	Shannon PRICE	Trail	13:31	50:07	29:15
2	1:38:21	115	Women 35-39	Kate BRADLEY	Salmo	13:18	56:19	28:44
3	1:42:01	148	Women 35-39	Laura HALEY	Kitimat	13:35	57:15	31:12
4	1:46:22	156	Women 35-39	Jennifir ANDERSON	Revelstoke	16:41	56:49	32:53
5	2:39:40	162	Women 35-39	Sherrill MORENO	Castlegar	38:39	1:07:33	53:29

Age Group Sprint
Women 40-44 Category

Place	Total	Number	Div	Competitor Name	City	Swim	Bike	Run
1	1:19:32	108	Women 40-44	Dannica STEVENSON-WADE	Kelowna	11:27	42:17	25:49
2	1:36:15	143	Women 40-44	Alison ROSSEL	North Vancou	16:49	52:09	27:17
3	1:45:50	106	Women 40-44	Kathy UPWARD	Castlegar	14:09	56:01	35:41
4	2:01:06	152	Women 40-44	Candis KEIRN	Delta	19:33	1:04:30	37:04
5		125	Women 40-44	Jennifer MCAULEY	Beasley	15:31		

Women 45-49 Category

Place	Total	Number	Div	Competitor Name	City	Swim	Bike	Run
1	1:45:46	159	Women 45-49	Sarah GOWER	Nelson	18:10	53:41	33:55
2	1:47:09	171	Women 45-49	Tara KEIRN	Nelson	19:30	56:30	31:10
3	1:59:01	172	Women 45-49	Ruth SAWATSKY	Cranbrook	18:21	59:22	41:18

Women 50-54 Category

Place	Total	Number	Div	Competitor Name	City	Swim	Bike	Run
1	1:27:23	153	Women 50-54	Danita SCHREIBER	Kelowna	13:08	47:13	27:03
2	1:50:01	138	Women 50-54	Miriam SKELTON	Three Hills,	17:38	57:11	35:13
3	2:18:01	133	women 50-54	Laurilee COMMANDEUR	Nelson	22:15	1:07:40	48:07

Women 55-59 Category

Place	Total	Number	Div	Competitor Name	City	Swim	Bike	Run
1	1:26:56	109	Women 55-59	Kim JOLLYMORE	Kelowna	12:10	47:06	27:41
2	1:34:51	161	Women 55-59	Kim IRVING	Nelson	15:32	50:31	28:49
3	1:40:45	124	Women 55-59	Cheryl MUELLER	Nelson	15:33	56:51	28:21
4	1:40:50	168	Women 55-59	Dale FROMBERG	Kelowna	14:45	50:37	35:30
5	1:57:29	136	Women 55-59	Kerry WENINGER	Kelowna	16:33	1:03:54	37:03
6	1:59:14	139	Women 55-59	Irene BRINKMAN	Meadow Creek	22:36	57:48	38:51
7	2:00:26	127	women 55-59	Linda TYNAN	Nelson	21:14	59:07	40:06

Women 60-64 Category

Place	Total	Number	Div	Competitor Name	City	Swim	Bike	Run
1	1:46:34	176	Women 60-64	Nicola SIMPSON	Kimberley	19:05	54:01	33:30
2	2:05:12	107	Women 60-64	Deborah BIRD	Nelson	24:23	56:43	44:07

Women 65-69 Category

Place	Total	Number	Div	Competitor Name	City	Swim	Bike	Run
1	2:13:10	130	Women 65-69	Donna SIDDALL	Fernie	30:45	1:03:17	39:09

Women 70-99 Category

Place	Total	Number	Div	Competitor Name	City	Swim	Bike	Run
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Sprint Distance Age Group Results:

Men 16-17 Category

Place	Total	Number	Div	Competitor Name	City	Swim	Bike	Run
1	1:07:20	239	Men 16-17	Solen WOOD	Lethbridge	8:32	40:00	18:50
2	1:18:41	238	Men 16-17	Charlie STEWART	Hong Kong	11:18	44:38	22:46

Men 18-19 Category

Place	Total	Number	Div	Competitor Name	City	Swim	Bike	Run
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Men 20-24 Category

Place	Total	Number	Div	Competitor Name	City	Swim	Bike	Run
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Men 25-29 Category

Place	Total	Number	Div	Competitor Name	City	Swim	Bike	Run
1	1:30:57	114	Men 25-29	Evan CESCONE	Rossland	11:57	46:12	32:49

Men 30-34 Category

Place	Total	Number	Div	Competitor Name	City	Swim	Bike	Run
1	1:11:38	146	Men 30-34	Michael OGLOFF	Salmon Arm	11:17	38:46	21:36
2	1:37:57	169	Men 30-34	Larry OTTEWELL	Calgary	15:07	53:53	28:58
3	1:50:22	184	Men 30-34	James MCLEAN	Calgary	13:52	1:00:02	36:28

Men 35-39 Category

Place	Total	Number	Div	Competitor Name	City	Swim	Bike	Run
1	1:29:34	147	Men 35-39	Rob PORTERFIELD	Calgary	11:51	50:44	27:00
2	1:38:36	178	Men 35-39	Tyler RICE	Nelson	12:52	55:09	30:36

Men 40-44 Category

Place	Total	Number	Div	Competitor Name	City	Swim	Bike	Run
1	1:23:52	122	Men 40-44	Jason DOSDALL	Calgary	15:11	44:23	24:19
2	1:28:30	173	Men 40-44	Wally COUSINS	South Slokan	13:56	47:18	27:16
3	1:30:17	170	Men 40-44	Dave HRABCHUK	Vernon	13:38	46:41	29:59
4	1:35:43	113	Men 40-44	Jason HENDREN	Kelowna	18:25	50:20	26:59

Men 45-49 Category

Age Group Sprint

Place	Total	Number	Div	Competitor Name	City	Swim	Bike	Run
1	1:23:24	167	Men 45-49	Scott CARR	Burnaby	11:41	47:29	24:15
2	1:34:06	141	Men 45-49	Tony BEUTEL	Nelson	12:31	51:49	29:46

Men 50-54 Category

Place	Total	Number	Div	Competitor Name	City	Swim	Bike	Run
1	1:30:41	142	Men 50-54	Darren BEUTEL	Nelson	17:22	46:47	26:33
2	1:32:49	120	Men 50-54	Brent RUNNETT	Didsbury	13:04	48:45	31:02

Men 55-59 Category

Place	Total	Number	Div	Competitor Name	City	Swim	Bike	Run
1	1:20:20	149	Men 55-59	Timothy OLSON	Plains	11:52	42:48	25:40
2	1:23:16	154	Men 55-59	Curtis SCHREIBER	Kelowna	13:42	45:01	24:33
3	1:30:34	144	Men 55-59	Jim WERNHAM	Winnipeg	13:45	45:40	31:11
4	1:31:59	103	Men 55-59	Shane PEARSALL	Calgary	15:15	47:06	29:38
5	1:36:27	140	Men 55-59	Paul MCCREEDY	Nelson	14:34	50:12	31:42
6	1:37:05	116	Men 55-59	Mark SCHMUTZ	Fruitvale	14:02	53:54	29:10
7	2:18:01	134	Men 55-59	Victor COMMANDEUR	Nelson	26:23	1:03:33	48:06

Men 60-64 Category

Place	Total	Number	Div	Competitor Name	City	Swim	Bike	Run
1	1:32:40	126	Men 60-64	Robert SIMMERLING	Nelson	16:35	46:59	29:08
2	1:35:22	188	Men 60-64	James STEWART	Hong Kong	15:04	49:26	30:53
3	1:57:29	135	Men 60-64	Gene WENINGER	Kelowna	17:19	1:03:09	37:01

Men 65-69 Category

Place	Total	Number	Div	Competitor Name	City	Swim	Bike	Run
1	1:53:07	112	Men 65-69	Glen CARLSON	Fruitvale	16:44	1:01:58	34:26
2	1:55:54	123	Men 65-69	Doug MATTHEWS	Nelson	16:30	1:01:38	37:47
3	2:08:45	131	Men 65-69	Robert SIDDALL	Fernie	19:38	1:02:14	46:53

Men 70-99 Category

Place	Total	Number	Div	Competitor Name	City	Swim	Bike	Run
1	1:45:58	119	Men 70-99	Peter POLLHAMMER	Kelowna	16:11	58:04	31:44
2	1:53:51	166	Men 70-99	Al SMITH	Osoyoos	22:46	53:27	37:39
3	2:12:49	157	Men 70-99	Peter MOLL	Castlegar	24:55	1:04:24	43:31

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